

RCC News



The Newsletter of the Redmond Cycling Club Volume 1, No.15

January, 2002

Meetings & Events General Meeting: Jan. 8, 2001 - Special Date!

MIA ROMA
7614 NE Bothell Way,
Kenmore (425-486-6200).
Social meeting starts at 6:30 PM,
business at 7:00 PM.

Newsletter Submissions
Due to Linda Knapp by
the 18th of the Month.

2002 RCC Officers

President:

Tom Killion, 206-418-0870
tkillion@gte.net

Vice President:

Peter Rankin
peter@zipcon.com

Treasurer:

Don Harkelroad
mrdon@seanet.com

Secretary:

Amy Harman
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Newsletter Editor:

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Webpage at:

<http://www.redmondcyclingclub.org>

Email List at:

<http://groups.yahoo.com/group/rcc-riders>



New Club President seeks Authority by Pretending to be a Woman

by George Thornton

If you are even half aware and have been active in the Redmond Cycling Club for more than two weeks, you are aware of one stark and undeniable fact.

The Redmond Cycling Club is run by women.

Forget about who appears as President, Vice President, etc. Those positions are just show. The actual authority is exercised by the women members.

Let a man in the club try to do something that is not approved by the women. See how fast he is shut down. He won't even know what hit him.

Why is this? The men of the club have been wondering this for some time. They wander around bewildered. They don't understand why they automatically and always give in to the authority of the women club members. They firmly and manly set their feet and begin to REFUSE.

They suddenly find themselves backing down to SHE WHO MUST BE OBEYED.

You may recall some time ago I wrote about Tandem Control Units. These are brain implantation devices that allow a stoker to control the behavior of a tandem captain. The devices are a modification of the HUSBAND CONTROL UNIT. This unit, which allows a woman to control her husband, was secretly perfected in the early

1970's, and now has been implanted in most married men in the United States.

I have recently discovered that the women in the Redmond Cycling Club have had this device secretly implanted in the brains of all the men in the club. The club women now have the power to direct the men to do anything they wish.

Of course, units malfunction and men occasionally become noncompliant. However, the technology has substantially improved and problems caused by male misbehavior are relatively rare. Certainly, no lone male has been able to sustain disobedience of authority for more than a few days at a time.

I recently shared the secret of feminine control with our new President, Tom Killion. Our new President valiantly attempted to break the bonds of control. He had a novel idea. He would pretend to be a woman. Maybe, if the other women thought he was one of them, they would not try to use thought control technology on him. After all, it is well recognized in the technical literature that the mind of a woman is much harder to control than the

mind of a man.

Well, it didn't work. Tom showed up at Cabbage Patch wearing a pair of false breasts. He rode from Marymoor Park to the Cabbage Patch restaurant in Snohomish wearing these false breasts. He even wore them into the restaurant.

But the women saw right through the disguise. They operated the controls and made him take the false breasts off.

Everyone made a joke about it and Tom was soon doing exactly what he was told. The control units are on and working.

Let's face it, men. The situation is hopeless. We might as well give up and submit to authority. We will learn to like it.

RCC Minutes – 12/06/2001

by Amy Harman

The December meeting was called to order at 7:15 pm by president George Thornton. The first issue on the agenda was the election of officers for next year. There is only one contested office; that of treasurer Don Harkleroad and Charlie Buchalter are running. Slips were passed out for voting and Greg Sneed and Dottie Smith counted the ballots. Don Harkleroad was elected treasurer. While the ballots were counted; a few unfamiliar faces were introduced; Kit who has done some big rides and Dustin who won the Champagne from Greg Sneed for correctly identifying the location of the artsy bike rack in last months club newsletter.

The meeting was adjourned for a short recess and the members of the board met to certify the election of the new officers. Current officers will help execute the transition; any current projects not completed will not become the responsibility of the new board. The board meeting was adjourned and the club meeting began again.

Ride Announcements

Greg Sneed had a handout of some of the long distance rides coming up for 2002 which lead up to the Fleche Pacifica – a 24 hour team event. Contact Greg at GR8TANDEM@attbi.com

Goosebumps – come and ride with Papa Goose every Sunday from the Redhook Brewery in Woodinville rides leave at 9:00 am cover about 50 miles and are at a high moderate pace.

Cabbage Patch Ride – Sunday December 16, 2001 meet at Marymoore Park at 9:30 am breakfast at 10:30 am. Club buys you breakfast to celebrate the election of new officers; come ride with your new president.

Fixte
Madness –
Last Sunday
of the Monty
so December
30, 2001 –
meet at the
Honey Bear
Bakery –
Third Place
Books Lake
Forrest Park
9:00 am

Social
Club
Christmas
Party to be
held at
Kristie
Salinger's
house in
Issaquah on
December 15,
2001. White
elephant
gifts (bike
related) to be
exchanged at
the party.
Details of the
party are in
the December
newslet-
ter.

Meeting
for January –
we know you
don't want to
come to a club
meeting on the
first day of
2002 and have
arranged to
move the
meeting to
Tuesday
January 8,
2001. Meeting
will be called
to order at
7:15 pm at
Mia Roma.

Other:

Charlie Buchalter announced that the Raven Project is out of money; the Raven Project is a airplane fueled by human power – the power will be proved by Mike Eddy. They are going to try to get a flight in the last weekend in January and could use some cyclists help to guide the plane down the runway. Contact Charlie if you would be available to help.

It's the time of year for club awards – contact Tom Killion with your nominations and ideas for awards. In years past we have given most improved rider; best ride series and other fun awards.

This months presentation was by Ted Lockery who is a teacher at Nathan Hale High School. Ted was invited to speak after a short article which we saw in the Seattle Press free newspaper. Ted would like to have an area at the school where the students can learn about and repair



bicycles. Ted is going to write up a formal presentation to the Club after more details are worked out. The club is interested in helping out in this project; more decisions will be made about it after we hear back from Ted.

Meeting was adjourned

IT'S RENEWAL TIME

By Charlie Buchalter, RCC
Treasurer

I'll keep this short and sweet. It's time to renew your membership dues. RCC memberships run per calendar year and December 31st is creeping up fast. Membership dues are \$15 per membership per year. More than one person in a household may be included in a single membership. Please use the form on the back of your newsletter to renew for 2002.

Fate is the Hunter

by Greg Sneed

In bicycling, you make your own luck, or unmake it as the case may be, by how much time you spend looking out for your machines. After a long season of bicycling events, our bicycles need TLC. Parts and adjustments need to be made. Stuff needs to be replaced. But what the heck? It's just one more ride and a short one at that.

Just one more ride, a short fall Saturday with the gang. We'll replace those worn tires next week. One more ride--what can it hurt? Portage Bay Cafe for breakfast. Then head over to Gasworks to pick up late arrivals. Then off around the lake with a planned stop in Kirkland for lunch.

So, cruising up the trail with the group, Lovey and I are chatting away. Thinking about a warm latte in Kirkland. Doing the north Lake Washington loop for the hundredth time. Riding our tandem with Tom and Nicole, Susan Cady, and Amy Harman on a cold damp morning. Riding east across the I-90 bridge and over Mercer Island. What could be better?

A quick stop at the restrooms at the park at the top of the hill on Mercer Island. A couple of our folks on the ride had flat tires. So what?

Greg is not taking the time to consider that our ride group may have ridden

through some glass hidden by the rain. No worries. Don't even have to check our tire pressure after watching someone else change a flat at our bathroom break. Heck, that would be too easy.

So now we have a good-sized downhill going east on the bicycle trail with the sweeping right-hander at the bottom and on up to the Mercer Island bus stop. Love leaning over at high speed on that turn and carrying the hill in a big gear. Done it a ton of times.

Houston, we have a problem! I remember this feeling on RAMROD last summer after our rear wheel locked up. We don't like this feeling that our tandem is wobbling. Lovey and I are fighting to stay upright. The ass end of the tandem is sliding on ice or something as we're quickly using up the remaining asphalt. Lovey knows it before I do: we're out of control and headed straight off the road.

Tom told me later we drove our tandem thirty-five feet off into the bushes. Thank goodness nobody was coming the other way and that it was not a concrete wall. All I remember, and the first thing I realize when I open my eyes, is that the tandem is upside down, with the wheels sticking straight up. Oh man! I've broken my right ankle, I think.

Pain. I can move my head. I sit up and fall back. Someone is taking my helmet off. People are talking on cell phones all over the place. Where's Lovey? I can hear the gang talking with each other. But I

can't see a thing, lying in the tules. Ouch. Now my neck is starting to hurt.

My ride group is with me. I'm not alone. My neck feels compressed. Maybe I should just lie here for a bit. I can hear the sirens coming. Gad, what happened to my ribs? Hey, Lovey! She is by my side but I can't see her. I think she is alright. I mean it's all about me, right? Some captain you are. What happened? Maybe I did ask her what happened to her. I ask my stoker for one of my Percocet back pain pills. I rarely use them these days but still carry them out of fear about my back. After taking just one, all pain is soon gone. Nothing you can do now, big guy. Just lie back and enjoy.

I can hear people coming through the bushes. Commanding voices and strong hands position me. All together now. I'm lifted onto the back board.

I'm worried about my neck. A neck brace and lots of tape freeze me into position. I'm gathered up. I tell a joke and am loaded like so much dead wood into the ambulance. OK. So deal with it. What if I have to pee? Somebody should fix the shocks on this rig. Oh! Lovey is looking at me. She is in control, talking with the drivers, providing information. The drivers are ticked at me. I've medicated myself. "Yeah, take that, world", I think to myself. Regaining control. The butthead is coming back.

Ballard's Swedish Hospital emergency room. Curtains. Visitors--Tom, Nicole, Susan, and Amy--kindly arrive to check on us. Amy has had to deal with our tandem. How did she load that monster bicycle into her car?

Nurses. Doctors. Questions. Yeah, yeah, I don't remember entering the bushes. My ribs are killing me. Four hours strapped to the body board. Thank goodness I used the restroom on Mercer Island. CAT scans on my neck and head, as if they would find anything inside. The doctor is worried about internal bleeding. I hadn't thought about that. At four o'clock, five hours after the accident, I undo the neck brace and rip off the tape. I want out. The doctor is in the other room. Neck is sore as hell and Lovey is upset. Have to get out of this place.

Five thousand-dollar bill for this adventure. Twisted handle bars. Wasting everybody's day. Lovey is now worried about high speed descents. All this over not checking our tires. Way to go, Greg! It would be three days before Lovey would tell me about her injuries.

I feel small.



Ride & Event Calendar

Tuesday, January 2nd - RCC Board Meeting

For details check with Tom Killion

Tuesday, January 8th - RCC Meeting

Pattie at Mia Roma in Kenmore is putting together Redmond Cycling Club's Monthly No Host Italian Buffet. Because of New Years Eve we will be holding the meeting on January 8th from 6:30 to 8:00pm. You don't have to buffet to attend the gathering.

This will be a great opportunity to visit with Club Members in the off season. Mia Roma 7614 NE Bothell Way; Bothell WA 98028; 425-486-6200

Sunday January 13th - Max's 2nd Annual Pancake Ride

HEY, put Max's SECOND ANNUAL PANCAKE RIDE on your calendar now, and make plans to arrive EARLY in the new year. It is Sunday, January 13th from my place. Pancakes at 9:00 A.M. Ridestart at 10:00 A.M.

max_maxon@hotmail.com Cheers, Max.

Saturday, January 26th - Zeek's Pizza Fleche Social

Zeek's Pizza Social on Phinney - 6000 Phinney Ph 206-789-0089. 2002 Ride List, Introductions, Newcomers Welcome

Sunday, January 27 - Fixte Faction

Join the fixed gear faction for the perfect recovery ride. Meet for Breakfast at The Honey Bear by Third Place Books in the Lake Forest Park Center at 9AM. Over coffee and food we will decide our route. Always Flat- about 20miles. This is a nice social group, No one gets dropped and the pace is a nice easy spin! If you don't have a fixed gear join us anyway. Just try not to shift too obviously and make us feel deprived! Recommend Brakes and Fenders on the bikes.

Contact Linda Knapp lkknapp@attbi.com or 206-524-9630 for more details.

Saturday, February 9th 9:00am Flaming Bugger

Meet in Gene Coulon Park in Renton 71miles flat to Flaming Geyser Park and back- Don't even ask about the name....

Saturday, February 23rd RollerCoaster

Meet at Fauntleroy Ferry - Ferry leaves at 9:10am Hilly 61miles... 18th year, still the best.

March 9th - Millersylvania

85miles, hilly Bill and Melody Co-Leaders, Olympia Wheelman, Brian and his gang are putting a fleche team together.

For Future Planning:

NORTHWEST TANDEM RALLY - MAY 25, 26 & 27, 2002

BOISE, IDAHO

Boise has been selected to host the

northwest tandem rally (NWTR) on the Memorial Day Weekend, 2002. Typically, 300 to 500 tandem teams with as many as 1000 riders attend the rally. Three days of incredible rides in the Boise Valley with a great banquet dinner Sunday night. Great sponsors, great food and great rides.

Come see why Boise is such a great place to live. Visit our website at www.nwtr.org.

THE RIDES

Rides of 30 miles, 55 miles and 85 miles will be supported on Saturday and Sunday. Saturday's ride can be described as mostly flat with some rollers. The routes take you through downtown Boise in front of the State Capitol Building to Harrison Boulevard and its historic homes and along the base of the Boise Foothills. Once in the country, the 55-mile route makes a big loop through farmland, mint fields and a small commercial iris garden. The 85-mile route will cross over the Middleton Foothills into the Emmett Valley and will take you through apple and cherry orchards along the Emmett Foothills. The one climb on this route will be up the old Freeze-out Hill onto Highway 16 back to Boise.

Sunday's ride can also be described as mostly flat, but will have a few more rollers and climbs for all three routes. The route takes you up Capitol Boulevard along Crescent Rim Drive for a spectacular view of downtown Boise. The route has one short, moderate climb up to the Birds of Prey Interpretive Center, which will be the first rest area. The 30-mile route will take you back to Boise through some of the more quaint residential areas, while the 55- and 85-mile routes will continue to the west through farmland to Kuna.

These rides offer a combination of desert, farmland and urban settings.

Monday is a self-supported, self-directed day. Riders can enjoy a mosey along the Boise greenbelt or take a strenuous ride up to our local ski area, Bogus Basin. The greenbelt follows the Boise River to the east to Lucky Peak Reservoir and to the west into Garden City. For those with strong legs, a massive cardiovascular system and good brakes we offer the ride up Bogus Basin Road - 15 miles and 3500 vertical feet of riding with beautiful views of the Boise Valley. For you mountain bike tandem riders our local riders will lead you on some of the single track in the Boise Foothills. See why Mountain Bike Magazine selected Boise as the No.1 mountain biking community in the U.S.

15th Annual Apple Century Bike Ride - June 1, 2002
The 15th Annual Apple Century Ride includes outstanding scenery and reasonable, yet challenging rides of 50 or

100 miles. The ride begins in the heart of Wenatchee's historic downtown and climbs 2,100 feet up the Entiat Valley to scenic Silver Falls. The shorter, equally scenic route ends at the Entiat National Fish Hatchery. This is a good training ride with well-equipped pit stops and ride support.

Entry fees:

\$35.00 Includes pit stop food and drink, plus a commemorative ride T-Shirt if postmarked by May 15, 2002.

\$100.00 Back by popular demand is the VIP Package which includes specialty items, hotel discounts, meal discounts, and more.

This ride is sponsored by the Wenatchee Sunrise Rotary. Projects supported by your registration fees will go to youth and senior programs. For more information you may contact Joanne Rosenthal at 509/665-8294 or email rosenthal@nwi.net. You also may visit us at our website at: www.wenatcheesunrise.org/century/index.html

Ride Listings

Please send your Ride Information for the RCC Newsletter and/or the RCC Webpage to lkknapp@home.com or call me at 206-524-9630

Redmond Cycling Club Shirts Available

Show your colors and strut your stuff with 'official' Redmond Cycling Club shirts. These are high-quality and comfortable long-sleeved 100% cotton denim shirts, with button-down collar. They're stylish and attractive, but best of all they have the colorful *new* Redmond Cycling Club logo proudly embroidered above the pocket.

Unisex sizes from XS to 2XL, and the price is a very reasonable \$35 for RCC members and \$40 for non-members. Contact Nicole Nelson at 206-418-0870, email Nicole at tkillion@gte.net, or attend our regular Club meetings at Mia Roma in Kenmore.

Current Update for the 2002 Edition of the Canadian Fleche Pacifica

For many years Redmond Cycling Club has entered Bicycling Teams in the Canadian Fleche Pacifica. A yearly 24 hour team Bicycling Event. The Ride list has some suggested training rides and social gatherings to provide information about the basic rules to prepare for the 2002 Edition of the popular event.

RCC's first Fleche Pacifica Social will be on Jan 26th Saturday from 4 to 6pm at Zeek's Pizza (206-789-0089) on 6000 Phinney Ridge. Redmond Cycling Club will host a Pizza Social to provide information and introduce folks that are interested in learning more about this wonderful team bicycling event and meet riders who have completed it. Everybody chips in to pay for the Pizza and bever-

ages.

Here is a list of some of Redmond's Champions, Medalists & Support from years past:

Bob Brudvick, Susan Cady, Ken Carter, Don Harkleroad, Amy Harman, Ron Himshoot, Dave Johnson, Lee Kanning, Linda Knapp, Max Maxon, Nicole Nelson, Dick Pado, Peter Rankin, Kristie Salinger, Greg Sneed, Ruth "Lovey" Sneed, Duane Wright, Russ Carter, Bonnie Taylor, Nancy Herring, Dottie Smith, Tom Killion, Sinan Karasu and many others! Who will join the best on "The Podium" in Harrison Hot Springs for 2002!?

Any questions contact Greg Sneed - gr8tandem@attbi.com or Duane Wright checkers@u.washington.edu



From the Net

Thanks to Duane Wright

The world Courier Championships with topless track stands should be on every cyclist's list of events to attend. In a mountain bike video (New World Disorder 2) there is a young dare devil on a tandem mountain bike speeding through some busy urban streets with a blow-up sex doll as stoker. The amazing part other than the looks of astonishment from bystanders, was that he was able to do front wheel wheelies with the doll on the back. An unusual feat that is on par with topless stripping while track standing.

Speaking of which.....

Several years ago the world courier championships were in Toronto and one of the auxiliary contests was the longest trackstand. Yep...dozens of guys and gals mount up and try to outlast each other. The woman who won, proceeded to put herself into the history books by continuing the 'stand and disrobing ...well everything from the waist up. Yes that does require taking both hands off of the bars and pulling the t-shirt over top of the head. Puts us rookies to shame really...

Redmond Cycling Club Membership Subscription Form
Individual/ Family* Membership Dues: \$15 per calendar year

Please complete this form and mail it with
your dues to:

Redmond Cycling Club - Membership
P.O.Box 1841
Bothell, WA 98041-1841

New Membership Renewal Information Change; start date: _____

First Name Last Name

Membership# (first 3 digits in top right of address label)

Address Line 1

Daytime Phone

Address Line2

Evening Phone

City State Zip Code

Email Address

* One vote is allowed per membership when voting on RCC issues and one copy of the RCC newsletter is mailed for each membership. Use additional copies of this form if multiple family members are to be listed under this membership.

Redmond Cycling Club Information

The Redmond Cycling Club ("Where HILL is not a four-letter word") is a group of cycling enthusiasts from the greater Seattle area. We meet on the first Tuesday of each month at 7:15 p.m. at Mia Roma restaurant, 7614 NE Bothell Way, Kenmore (425-486-6200). Social hour starts at 6:30 p.m. Club phone number is (206) 781-3903.

Our members participate in endurance riding, racing, training and informal social rides. We sponsor the popular Ride Around Mt. Rainier in One Day (RAMROD) and the cross-state ultramarathons CANNONBALL and S2S. For more information, attend one of our monthly meetings, write us at P.O. Box 1841, Bothell, WA 98041-1841, or email us at info@redmondcyclingclub.org. You can visit us on the Internet at <http://www.redmondcyclingclub.org>.



Redmond Cycling Club
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